

A CONTEMPLATIVE SABBATICAL PROGRAM ST. JOSEPH RETREAT CENTER ¹

February 3 - March 7, 2012 ²

This program is fashioned to enhance personal renewal in a contemplative spirit. Come and participate in whatever appeals to you! The program is not built on establishing community. Quiet time and solitude are priorities. ³

SUN	MON AM <i>Falling in Love Again with Jesus ⁴</i>	TUES AM or Day	WED AM or Day	THURS ⁵	FRI	SAT
Jan 29	Jan 30	Jan 31	Feb 1	2	3	4 P/E: Importance of Openness, Noticing, Listening! (JMc) ⁶
					Arriv, ⁷ Soc, Wel	
5 P/E In Prayer: Gratitude (CF)	6 INFANCY NARRATIVES	7 Listening to God in Creation (JD) Day	8 Hildegard of Bingen ⁸ (MC)	9 God's Longing to Capture Our Hearts	10 DPW ⁹	11 DPW
PM social before dinner ¹⁰	1:00 massage 6:45Yoga					
12 DPW	13 PUBLIC MINISTRY 1	14 SABBATH DAY ¹¹	15 Mechtild of Magdeburg(MC)	16 Intimacy & Sexuality In Prayer;	17	18 God's Desire & My Own Desire: An Ever-Deepening Friendship
PM social before dinner	1:00 massage 6:45Yoga				Retreat Weekend ¹²	
19 Friendship	20 Day on Etty Hillesum (CF)	21 Listening to God in My Whole Being, My Exper & My His (NK)	22 PUBLIC MINISTRY 2	23::Forgiveness In Prayer (JMc)	24 SABBATH DAY	25 Day on Compassion? (JD) ¹³
PM social before dinner		1:00 massage 6:45Yoga				
26 Day: Women of Extravagant Love Tell Their Stories: Mary Mag & Woman Anointing Jesus (MC)	27 PASSION & DEATH	28 SABBATH DAY	29 Mystics: Teresa of Avila & John of the Cross (MC) Day	1 Listening to the Heartbeat of God in Everyday Life(MC)	2 DPW	3 DPW
PM social before dinner	1:00 massage 6:45Yoga			DPW		
4 DPW closing prayer (JMc)	5 Day: RESURRECTION CONTEMPLATIO (JMc)	6	7 Departure after breakfast	<p>Cost: \$3600?; deposit (non-refundable, non-transferable and part of total cost): \$400; the balance is due no later than January 17, 2011. Cost includes: Room & Board, all programs, weekly individual spiritual direction, some social activities, use of laundry facilities, linens, some availability of vehicles for local trips or errands, WiFi, and a PC available for use. Postage, phone, medical, massage, yoga cost extra.</p> <p>Message will be offered during the afternoons of Feb 6, 13, 21 from 1 PM-4/5 PM . . . \$40/60 minute individual session.</p> <p>Group Yoga will be offered on the evenings of Feb 6, 13, 21@6:45 PM-7:45 PM @ \$8/session.</p> <p>Individual Spiritual Direction will be available weekly with the same director and/or during the ADDITIONAL Directed Prayer Weekends. This cost is included in the tuition.</p>		
PM social before din		4:15-7:15 PM prayer, soc, din (JMc)				

INFORMATION:

1. Perhaps the feature of St. Joseph Retreat Center that you will absolutely fall in love with is the beauty of its location, immediately situated on the coast of the Atlantic Ocean. Not only is God's outside décor of visuals and sound beyond description during the day and throughout the night but the ambiance of the over 130 year old center, a sacred haven of safety and rest, is so attractive, clean, comfortable and welcoming. Thirteen of its sixteen bedrooms as well as the living room, dining room and chapel have an ocean view.
2. You can make arrangements to come earlier for additional Private Time, if desired. The cost for these days is extra and is not included in the sabbatical stipend.
3. Spiritual Direction is available at least once a week with Joan Duffy, CSJ, Carol Fitzsimmons, CSJ or Joan McCarthy, CSJ. Except for the opening evening, Sunday evenings and the closing on March 6 meals will be in silence with background music at lunch and dinner. Reverent silence will pervade the Retreat Center.
4. *Falling In Love With Jesus*: This prayer series will incorporate some of the *Dynamics of the Spiritual Exercises of St. Ignatius* and it will be presented through art, poetry, music and scripture. Presenter: Joan M. McCarthy, CSJ. It will occur on 3 Monday mornings, 1 Wednesday morning 9:30-12:15 and 1 Monday 9:30-3:30 PM.
5. *Affectivity In Prayer*: These four Thursday sessions, February 9, 16, 23 and March 1 are Mornings 9:30 AM- 12:15 PM. Presenters are: Feb. 9 and March 1: Maureen Casey, SND; Feb 16 and 23: Joan McCarthy, CSJ.
6. There are 2 morning sessions (9:30 AM-12:15 PM), and a Tuesday day-long session (9:30 AM-4:00 PM) that will focus on *Listening*. Presenters: February 4, Joan McCarthy, CSJ, February 7, Joan Duffy, CSJ and February 21, Dr. Nancy Kehoe, RSCJ;
7. The usual time for arrival at the Retreat Center is between 3-6 P.M. with a social at 5:30 PM followed by dinner at 6 P.M. However, to accommodate long-distance travelers and to help you avoid rush-hour traffic, you are welcome to arrive anytime after noon. On the website, www.csjretreatcenter.org please note the Directions link on the bottom of the opening page. We advise you **NOT to follow Mapquest, Google Maps, etc. or your GPS** once you enter Massachusetts since these take you on a circuitous and often confusing route through some unnecessary city traffic. It is best to follow the directions on our website.
8. Two morning sessions, February 8 and 15, and two day programs, February 20 and 29, will focus on *Mystics*. Presenters: February 8, 15, 29: Maureen Casey, SND; February 20: Carol Fitzsimmons, CSJ.
9. DPW = *Directed Prayer Weekend*. There will be one at the beginning and one at the end of the program. Directors: Joan Duffy, CSJ, Joan McCarthy, CSJ, Carol Fitzsimmons, CSJ
10. On Sunday evenings and on the last evening there will be a social at 5:30 PM before dinner at 6:00 PM.
11. There are 3 *Sabbath Days* during the Sabbatical Program. These are totally "free" days to remain on site or to tour Boston.
12. The Weekend Retreat entitled *God's Desire & My Own Desire: An Ever-Deepening Friendship* will be presented and facilitated by Catherine Hannigan, PBVM and Ellen Keane, SND.
13. On this weekend there will be 2 Day Programs.