

PROGRAM SCHEDULE 2012-2013

Orientation: September 4: 3:30 P.M.-
7:00 P.M., Brighton

Classes\Peer Supervision, Brighton:

9:00 A.M.- 4:45 P.M.

September 11, 18, 25

October 9, 16, 23

November 6, 13, 20, 27

December 4, 11

January 8, 15, 22, 29

February 5, 12

March 5, 12, 19, 26

April 2, 9

Directed Prayer Weekends, Cohasset:

September 7 - 9, 2012 and

January 4 - 6, 2013

Day Programs: 9:30 A.M.- 4:00 P.M.

October 2, Brighton:

Maureen Casey, SND, Joan McCarthy, CSJ
Boundaries and Ethics in Spiritual Direction

February 26, Brighton:

Maureen Casey, SND: *Spirituality of Teresa
and John of the Cross*

Integration Days: 9:00 A.M. - 4:00 P.M.

October 30, February 19, Brighton

Workshop: Nov. 16 - 18, Cohasset:

Russell Holmes, *Visions of the Night: A
Study of Dreams In Revelation and
Religious Practice*

Mid-Evaluation: December 18, 10 A.M.-

Noon, Brighton

Closing Session: April 16, 3:30 P.M.-

7:00 P.M., Brighton

Sites

**ALL TUESDAY SESSIONS
ARE HELD AT 637 CAMBRIDGE STREET,
BRIGHTON, MA 02135
Overlooking the Boston Skyline**



**3 WEEKENDS ARE HELD AT
ST. JOSEPH RETREAT CENTER
339 JERUSALEM ROAD
COHASSET, MA 02025
Overlooking the Atlantic Ocean**



*The Sisters of St. Joseph of Boston
are pleased to offer support and resources for this program.*

Spiritual Direction Internship

2012-2013

Contact

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PURPOSE OF PROGRAM

The Internship in Spiritual Direction aims to provide opportunities for the following:

- Personal growth and development as ministers
- An understanding of the theological and psychological bases for spiritual direction
 - Improved communication skills within the context of the helping relationship
- Supervised ministry as spiritual directors
 - Discernment of one's call as a spiritual director

SPIRITUAL DIRECTION

Spiritual Direction, as we define it, is a pastoral ministry in which one Christian assists another to pay attention to God's personal communication with him or her, to respond personally to God, and to live out the consequences of this relationship.

CRITERIA FOR ADMISSION

We welcome as applicants women and men of all faiths, whose experience includes:

- ♦ on-going personal prayer
- ♦ two years of regular (monthly), one-on-one spiritual direction
- ♦ a felt call to spiritual companionship
 - ♦ a letter of intent
 - ♦ a completed application form
 - ♦ three letters of recommendation
- ♦ a personal interview with program staff
 - ♦ background in theology
- ♦ some experience of pastoral ministry
 - ♦ evidence of personal maturity

PROGRAM CONTENT

The Internship Program follows the guidelines of Spiritual Directors International by including the elements of:
Theological Foundations
Psychological Foundations
Integration with Justice
Discernment, Practicum and Supervision

SPIRITUAL DIRECTION PRACTICUM:

Case Studies in Spiritual Direction
Individual Supervision Skilled Dialogue
Peer Supervision
Experience in Ministering as a Director
Theological Reflection

INPUT:

Prayer
Contemplative Listening
Discernment
Religious Experience
Spirituality
Spiritual Exercises of St. Ignatius
Issues in Spiritual Direction
Liberation Theology

ONGOING PERSONAL SPIRITUAL DIRECTION

READINGS AND REFLECTIVE PAPERS

COORDINATING STAFF

Maureen Casey, S.N.D.
Joan M. McCarthy, C.S.J.

SUPPORT STAFF

Other men and women who are qualified and experienced in spiritual direction, supervision, and psychological counseling

APPLICATION DEADLINE

Applications will be accepted up to August, 24, 2012 depending on availability of space.

The number of participants is limited.

Individual interviews will be scheduled in **April and June**
Application materials must be in place prior to interviews.

TUITION AND FEES

The cost of the internship is **\$4200**. This includes: 24 days of input and peer supervision from 9:00 A.M. - 4:45 P.M.
1 Weekend Workshop on Dreams
14 sessions of Individual Supervision
2 Integration Days, 1 Mid-term Session
1 Orientation Session/ 1 Closing Session
2 Directed Prayer Weekends
2 Day Programs

This fee does **not** include the **\$75** non-refundable application fee & interview.

Following acceptance a **\$300** non-refundable, non-transferable deposit will secure your place.

CERTIFICATE

Those who fulfill the requirements of the course will earn a Certificate of Completion of an Internship in Spiritual Direction.

*Our God waits
to be gracious to you!*
(Isaiah 50)