

## PROGRAM SCHEDULE 2010-2011

**Orientation:** September 7: 3:30 P.M.-  
7:00 P.M., Brighton

**Classes\Peer Supervision, Brighton:**

**9:00 A.M.- 4:45 P.M.**

September 14, 21, 28  
October 12, 19, 26  
November 9, 16, 23, 30  
December 7, 14  
January 4, 11, 18, 25  
February 1, 8  
March 1, 8, 15, 22, 29  
April 5

**Directed Prayer Weekends, Cohasset:**

September 10-12, 2010 and  
January 7-9, 2011

**Day Programs: 9:30 A.M.- 4:00 P.M.**

**October 5, Brighton:**

Maureen Casey, SND, Joan McCarthy, CSJ  
*Boundaries and Ethics in Spiritual Direction*

**February 22, Brighton:**

Maureen Casey, SND: *Spirituality of Teresa  
and John of the Cross*

**Integration Days: 9:00 A.M. - 4:00 P.M.**

November 2, February 15, Brighton

**Workshop: Nov. 12 - 14, Cohasset:**

Russell Holmes, *Visions of the Night:  
A Study of Dreams In Revelation and  
Religious Practice*

**Mid-Evaluation:** December 21, 10 A.M. -  
Noon, Brighton

**Closing Session:** April 12, 3:30 P.M.-7:00  
P.M., Brighton

## Sites

**ALL TUESDAY SESSIONS  
ARE HELD AT  
637 CAMBRIDGE STREET,  
BRIGHTON, MA 02135  
Overlooking the Boston Skyline**



**3 WEEKENDS ARE HELD AT  
ST. JOSEPH RETREAT CENTER  
339 JERUSALEM ROAD  
COHASSET, MA 02025  
Overlooking the Atlantic Ocean**



*The Sisters of St. Joseph of Boston are pleased  
to offer support and resources for this program.*

# Spiritual Direction Internship

## 2010-2011

### Contact

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## PURPOSE OF PROGRAM

The Internship in Spiritual Direction aims to provide opportunities for the following:

- Personal growth and development as ministers
- An understanding of the theological and psychological bases for spiritual direction
  - Improved communication skills within the context of the helping relationship
- Supervised ministry as spiritual directors
  - Discernment of one's call as a spiritual director

## SPIRITUAL DIRECTION

Spiritual Direction, as we define it, is a pastoral ministry in which one Christian assists another to pay attention to God's personal communication with him or her, to respond personally to God, and to live out the consequences of this relationship.

## CRITERIA FOR ADMISSION

We welcome as applicants women and men of all faiths, whose experience includes:

- ♦ on-going personal prayer
- ♦ two years of regular (monthly), one-on-one spiritual direction
- ♦ a felt call to spiritual companionship
  - ♦ a letter of intent
  - ♦ a completed application form
  - ♦ three letters of recommendation
- ♦ a personal interview with program staff
  - ♦ background in theology
- ♦ some experience of pastoral ministry
  - ♦ evidence of personal maturity

## PROGRAM CONTENT

The Internship Program follows the guidelines of Spiritual Directors International by including the elements of: Theological Foundations, Psychological Foundations, Integration with Justice, Discernment, Practicum and Supervision.

### SPIRITUAL DIRECTION PRACTICUM:

Case Studies in Spiritual Direction  
Critical Incident Reports  
Individual Supervision  
Skilled Dialogue  
Peer Supervision  
Experience in Ministering as a Director  
Theological Reflection

### INPUT:

Prayer  
Contemplative Listening  
Discernment  
Religious Experience  
Spirituality  
Spiritual Exercises of St. Ignatius  
Issues in Spiritual Direction  
Liberation Theology

### ONGOING PERSONAL SPIRITUAL DIRECTION

### READINGS AND REFLECTIVE PAPERS

## COORDINATING STAFF

Maureen Casey, S.N.D.  
Joan M. McCarthy, C.S.J.

### SUPPORT STAFF

Other men and women who are qualified and experienced in spiritual direction, supervision, and psychological counseling

## APPLICATION DEADLINE

**Applications will be accepted up to August 31, 2010 depending on availability of space.**

**The number of participants is limited.**

Individual interviews will be scheduled in **April and June**  
Application materials must be in place prior to interviews.

## TUITION AND FEES

The cost of the internship is **\$4125**. This includes: 24 days of input and peer supervision from 9:00 A.M. - 4:45 P.M., 1 Weekend Workshop on Dreams, 14 sessions of Individual Supervision, 2 Integration Days, 1 Mid-term Session, 1 Orientation Session/1 Closing Session, 2 Directed Prayer Weekends, 2 Day Programs

This fee does **not** include the **\$75** non-refundable application fee.

Following acceptance a **\$300** non-refundable, non-transferable deposit will secure your place. The remaining tuition is due in September.

## CERTIFICATE

Those who fulfill the requirements of the course will earn a Certificate of Completion of an Internship in Spiritual Direction.

*Our God waits  
to be gracious to you!*

*(Isaiah 50:18)*